## Cathy Ewing and Company, Colorado's Social Dance Specialists

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## WEDDING OR SPECIAL EVENT CLASS STEP LISTS

## **RULES:**

- 1. NOBODY gets hurt (physically or emotionally)
- 2. EVERYBODY has fun.

Please note that the syllabus may change from time to time based upon the needs and interests of the students and the whims of the instructor(s). Most students need about 3-4 REPEAT CLASSES to start to become comfortable with the material and to start implementing proper techniques. Repeating classes are not a sign of failure to learn, but a sign of dedication to learning. The step lists are merely an aid to remembering what you are learning in class. Repeat, Repeat, Repeat, your classes—Repeats are FREE.

- 1. Entering the floor and getting started
- 2. Side Cross Basic
- 3. Turning Side Cross Basic
- 4. Basic (in place)
- 5. Rumba Box
- 6. Turning Box
- 7. 1/5<sup>th</sup> Position Breaks
- 8. 6-Count Under Arm Turn
- 9. Open Break Sequence
  - a. Open Break
  - b. Pass
  - c. Side Cross Basic (in open)
  - d. Pass and Close the position
  - e. Side Cross Basic in Closed (3 times)
- 10. Take Turns
- 11. Basket Sequence (Right, Left, Right)
- 12. Swaying
- 13. Dip (corte/lunge or same foot lunge)
- 14. Exiting the floor

## Don't forget to "PLAY" and have fun with each other.....

These patterns work well for the typical ballad-type music chosen for 1<sup>st</sup> dance. Waltz, Quickstep, Fox Trot, Tango, Latin dances, or Swing may be taught depending upon the choice of the music, preparation time, and abilities of the students. Special requests may require attendance at other classes offered and/or private lessons and significant practice time.