

Cathy Ewing and Company, Colorado's Social Dance Specialists

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NIGHT CLUB DANCING

RULES:

1. NOBODY gets hurt (physically or emotionally)
2. EVERYBODY has fun.

Please note that the syllabus may change from time to time based upon the needs and interests of the students and the whims of the instructor(s). Most students need about 3-4 REPEAT CLASSES to start to become comfortable with the material and to start implementing proper techniques. Repeating classes are not a sign of failure to learn, but a sign of dedication to learning. The step lists are merely an aid to remembering what you are learning in class. Repeat, Repeat, Repeat, your classes—Repeats are FREE.

Night Club 2-Step

1. Side Cross Basic
2. Turning Side Cross Basic
3. Basic (in place)
4. Open Break Sequence
 - a. Open Break
 - b. Pass
 - c. Side Cross Basic (in open)
 - d. Pass and Close the position
 - e. Side Cross Basic in Closed (3 times)
5. Take Turns
6. Basket Sequence (Right, Left, Right)
7. Swaying

Hustle

1. Basic (2-handed)
2. Turning Basic
3. Pass
4. Figure 8 (pass her under, then he goes under)
5. Baskets (Right, Left, Right)
6. Explosion (after 2-hand pass)
7. Throw Out